

# Perogies & Jam

## PERFORMANCE MATTERS!

Do you want to conquer stage fright?

Do you want to play more shows?

Do you want to increase your fan base?

**If so, PERFORMANCE MATTERS is for YOU!**

**Presented by award winning Performer, Producer  
and Artist Development Coach RHEA MARCH**

Rhea launches careers by providing artists with the tools they need to find authentic stage presence and consistently deliver a great live show!

When: Saturday, February 17th from 9 am to 4:30 pm  
Saturday Evening Performances from Participants  
6:00 pm - 9:30 pm (Public may attend at modest cost)

Where: 4630 - 49 Street, Vegreville  
Vegreville Sunshine Club (Main Room and Stage)

Workshop Fee: \$30.00 per participant (Limit 20 participants)  
**REGISTER AT THE SUNSHINE CLUB IN ADVANCE**

### **Topics Include:**

Conquering stage fright, mic technique, vocal dynamics, on-stage banter,  
warm-ups, crafting set lists, audience psychology,  
developing your authentic onstage self, venue etiquette,  
AND 20 things NOT to do!

### **Afternoon Live Music Makeovers:**

ALL participants will perform on stage using the skills they've learned and receive valuable feedback from Rhea March and participants.

***No matter what your level of musicianship, you WILL benefit from this session!***

For more details and information, please email: [info@perogiesandjam.com](mailto:info@perogiesandjam.com)

***Never Stop Believing in the Magic of Music!***